

# FALL 2016 VOLLEYBALL LEAGUES

BELLEVILLE PARKS AND RECREATION DEPARTMENT  
510 W. MAIN STREET  
BELLEVILLE, IL 62220-1509  
233-1416 / FAX: 233-1449

[www.belleville.net](http://www.belleville.net) or [www.teamsideline.com/belleville](http://www.teamsideline.com/belleville)

CANCELLATION INFORMATION: 233-NEWS (233-6397) - RECORDER

## **IMPORTANT DATES:**

Roster Packets Ready: **July 15, 2016**

**RETURNING TEAMS ROSTER/DEPOSIT DEADLINE: ON OR BEFORE FRIDAY, AUGUST 12, 2016**

**FINAL LEAGUE FEE DUE (PAY BY CHECK OR MAJOR CREDIT CARD): \$220.00 – WED., AUGUST 24, 2016**

**RETURNING TEAMS EARLY BIRD SPECIAL - \$10 OFF LEAGUE FEE  
IF PAID IN FULL BY WED., AUGUST 10, 2016**

LEAGUE PLAY BEGINS: **WEEK OF SEPTEMBER 5, 2016**

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## **(RECREATIONAL WOMEN'S & CO-REC)**

**(Note: Women's Power League – Winter Season only)**

**League Deposit:** All returning teams are guaranteed team placement in a specific league by submitting a \$50.00 deposit along with the roster, prior to August 12, 2016.

**New teams: Beginning on Monday, August 15th**, all teams wanting to play in the Belleville Parks & Rec. Volleyball leagues will be taken on a first come first serve basis by submitting a \$50.00 deposit until leagues are full.

**General Objective:** The purpose of these leagues is to provide an opportunity to play in a recreational volleyball league.

**Entry Fee:** Each team must pay a fee of **\$220.00**. **EARLY BIRD SPECIAL - \$10 OFF LEAGUE FEE IF PAID IN FULL BY AUGUST 10, 2016.** The \$50 deposit reserves team placement, with the balance of the league fee due before **Wednesday, August 24, 2016**. (First come first serve basis) If the fee is not paid by the deadline date of August 26<sup>th</sup>, that team may be dropped from the league. This fee pays for ten (10) league games and Playoffs. Participation in the league is contingent upon payment in full of the league fees.

**REFUND POLICY: THERE WILL BE NO TEAM REFUNDS AFTER THE SCHEDULE IS PRINTED.**

**League Play:** League play begins the week of September 5, 2016. Games will be played at 7:00, 8:00 and 9:00 P.M. or 6:30, 7:30, 8:30 and 9:30 P.M. (depending on the number of teams per league). The season will run 10 weeks, plus playoffs.

**Eligibility:** Teams are composed of participants' 14 years of age or older. Anyone on a high school or college roster is not eligible.

**Priority: A team from the previous season (WINTER 2016) with:**

**(A) Returning this season's roster by the roster return deadline**

**(B) Payment of league fees is guaranteed a spot in the same division.**

(Staff considering the teams estimated ability determines the placement in each league.) If the team name has changed, please note that on the roster. Additional teams accepted on a first come first serve basis.

**League Standings:** A team earns one (1) point for a win each game played per match. League standings are kept in the Handbook. ***If teams are tied after regulation, the game will continue until we declare a winner, first team to go ahead by 2 points, no cap.***

**Awards:** Awards will be given to all teams finishing first and second in the league and first and second in playoffs. Teams will have a choice of awards: trophy, certificates or plaque.

**Playoffs:** Playoff games are scheduled at the end of the season. The top four teams in each league participate in playoffs. **Playoff matches will be played using the Rally point system: The best 2 out of 3 games to 25 points - 3<sup>rd</sup> game, if needed to 15 points. (NO Cap, must win by 2 points)**

**PLAYOFF SCHEDULE:**

GAME I: 1st Place VS. 4th Place

GAME II: 2nd Place VS. 3rd Place

**CHAMPIONSHIP GAME**

GAME III: Winner of Game I VS. Winner of Game II

**PLAYOFF POSITIONS WITH TEAMS TIED IN FINAL STANDINGS WILL BE DETERMINED AS FOLLOWS:**

- 1. WON/LOST RECORD AGAINST EACH OTHER.**
- 2. TOTAL POINTS SCORED AGAINST EACH OTHER.**
- 3. FLIP OF A COIN.**

**NO TIE BREAKER MATCHES WILL BE PLAYED.**

**Uniforms:** All players must wear shirts and long or short pants. Players must wear tennis shoes or athletic shoes

**Forfeits: (Recreational Leagues) Forfeit time is game time, except a ten-minute grace time for first game in the evening only.** Forfeit time for the second game is twenty minutes past game time for the first game. Any team forfeiting three (3) matches may be dropped from the league. (Two games constitute a match.)

**Protests:** SEE PROTEST PAGE

**Equipment:** The Department provides all game equipment. Teams must provide their own practice balls.

**Inclement Weather:** In case of inclement weather or bad road conditions, coaches may call the Parks and Recreation Office Cancellation Hotline after 3:00 P.M., at 233-6397(NEWS). For updated messages after 4:30 P.M. listen to the recorded message (233-NEWS) for information on cancellation of games.

**ROSTER INFORMATION**

**RETURN DEADLINE: FRIDAY, AUGUST 12, 2016**

**CHANGES DEADLINE: 4:30 P.M. THE DAY AFTER THE THIRD MATCH IS PLAYED.**

**MINIMUM AND MAXIMUM: 10 AND 16**

**OTHER ROSTER REGULATIONS** - Players under 18 years of age must complete and submit a participation permit signed by a parent or legal guardian. Falsification of a permit will result in that player(s) suspension from league play for the remainder of the season and that team will forfeit all games in which he/she has played.

Any team with a participant under 18 years of age who does not have a participation permit on file with this Department, or has a participant, who is not listed on the roster, will cause a forfeit to be declared if proof of such violation is presented to the Manager of Operations within 24 hours after the offense is discovered.

**PLAYERS MAY PARTICIPATE IN DIFFERENT PARKS AND RECREATION DEPARTMENT LEAGUES**, however, a player may not be on more than one roster in the same league or will cause his/her team to forfeit all games in which she played.

**PLAYERS MUST HAVE A PHOTO ID AT ALL GAMES, IN CASE THE ROSTER IS CHECKED.**

The referee will have a copy of all rosters after the roster change deadline has passed.

In the opinion of the City Attorney, it is the best interest of a pregnant woman and her unborn to not actively participate in volleyball games.

Any player participating in league play must be listed on the team's roster. Rosters, roster changes and participation permits cannot be accepted by the referee.

It is not necessary for each player to personally sign the roster (as long as the name is on the roster) if the coach or manager agrees to inform the player of the insurance waiver clause as stated on the roster. **PLAYERS PARTICIPATE AT THEIR OWN RISK.** The possibility of injury is inherent in any athletic activity and it is strongly recommended that each player have adequate personal accident insurance coverage.

### **ROSTER CHANGES:**

Any roster changes made between the organizational meeting date and the roster change deadline may be made in person at the Belleville Parks and Recreation Department Office, by telephone, by mail, or FAX: 233-1449. There is a mail box located in the northwest corner outside our new office building, 510 West Main Street, for your convenience.

After the roster change deadline players may be replaced for any of the following reasons:

(A) DEATH

(B) MEDICAL - injury, pregnancy or illness and the player will be out for the rest of the season, **THIS REQUIRES A WRITTEN STATEMENT FROM A DOCTOR.**

A written statement must be received at the Belleville Parks and Recreation Department Office before a new player can be added to the roster. A player who has been replaced may not play on another team in that activity that season.

### **GAME INFORMATION**

#### **WOMEN'S Recreational leagues only:**

A. **"Eight Person VS. Six Person" Team.** *A game is played being either an "eight (8) person" team or a "six person" team. You must notify the referee at the beginning of each game if your team will be playing as an eight or six person team and not change throughout that game. If playing with a short team, a late arriving player may rotate in when it is her team's turn to serve. A team playing as an eight or six person team may start or continue with four players. Less than four players constitute a forfeit.*

#### **CO-REC leagues only:**

B. The game is played by two team's consisting of six (6) players per team. If playing with a short team, a late arriving player may rotate in when it is their team's turn to serve. However, teams may play with four (4) players. Less than four (4) players constitute a forfeit. **NEVER MORE MEN ON THE COURT THAN WOMEN.** The ratio of men and women may be:

3 men and 3 women

2 men and 3 women

1 man and 5 women

1 man and 3 women

2 men and 4 women

2 men and 2 women

1 man and 4 women

- C. The line up does not have to alternate male and female.
- D. **THERE WILL BE NO SPIKING BY MALE PLAYERS.** If the foul is committed by the receiving team, the serving team receives one point. If committed by the serving team, no point is scored and a side out is called. Any male player who fouls by "deliberately spiking with the intent of injuring an opponent" will be ejected from that match and the next scheduled match.

**Spiking** - a play in which the ball is hit forcibly into the opponent's court from above the top of the net, **either with or without feet on the ground.** A floor shot with an arc over the top of the net is permitted.

WOMEN'S AND CO-REC leagues:

1. **REVISED TIME LIMIT:** Each team will play two twenty-minute games per night. The clock will stop for time outs, injuries or if the ball is out of play of an extended amount of time.

***NEW: Adopting RALLY POINT SCORING to Parks & Rec. Women's & Co-Rec Leagues: Rally Scoring, - points are awarded on each play, regardless which team serves. Length of games in the Parks & Rec. leagues will stay timed at 20 minutes each, stopping the clock the last two minutes of the game for all dead balls. Exceptions – time outs during game and injuries. (Two games per match). Teams must win by 2 points, the game will continue after timed regulation, until we declare a winner, first team to go ahead by 2 points. (NO CAP) Mercy Rule: If a team is ahead by 20 or more points after the 18 minutes of play, the clock will continue to run without stopping for the remaining 2 minutes. (Fall 2015 Season: The Parks Dept. Recreation leagues - will continue 20 minute timed games, due to the uncertainty of knowing how long it will take to play games to the traditional "25 point" rally games and evaluate at the completion.)***

**NEW:**

2. **Using your foot action during Volleyball.**

Due to the volleyball rules that have changed over the years, The Belleville Parks & Recreation leagues will NOW adapt the Official Ruling on this issue to avoid further confusion. We are going to follow the Official Ruling addressed below:

**Official Ruling:** Following changes in all volleyball rule books in the past few years, there is no longer any rule barring contact with the foot in a volleyball game at *any level*. This means it is legal to deflect the ball with your foot, block the ball with your foot, or even kick it to a teammate or to the other side of the net. However, after kicking the ball, you are not allowed to make contact with the ball until someone else has touched the ball, just as you are not allowed to hit the ball twice in a row with your hands.

3. Each team is permitted two (60 second) time outs per game on the court at which time the clock will be stopped. Player(s) leaving the court during a time out must return within 60 seconds (1 time out) or 120 seconds (2 time outs) or they will be removed and the team must play short until they return.

**Serve:**

4. **"Let Serve" – Acceptable Legal Serve.** The "let serve" is a ball that when served, hits the net without touching the net antenna and continues across the net into the opponent's court. The let serve is a playable live ball.
5. The winner of the coin toss has the choice of first serve or choice of court. Loser of the toss chooses court or serve, whichever choice remains. Loser of the toss has the choice of first serve or court for the second game.

6. The first server of the game is the player in the Right Back position. Thereafter, when a team is awarded a side-out, the player in the Right Front position rotates to the serving area. The ball must be contacted within 5 seconds of the referee's signal to serve. (For a serve before the referee's signal, a replay shall be called.)

**Serving area is behind the entire end line. A serving area which is 30 feet wide shall be provided and excluding the end line. Each serving area shall be a minimum of 6 feet in depth.**

**A re-serve shall be called when the server releases the ball for service, then catches it or drops it to the floor. The referee shall cancel the serve and direct a second and last attempt at serve. The server is allowed a new five seconds for the re-serve.**

7. All players, except server, must be inside the court in their regular positions until the ball is served. After the ball is served, players may change position in the court.
8. Recreational Leagues: Players rotate into the game to center back position only, and after server rotates out. Under the free rotation system, a player is not required to rotate out after serving or required to rotate in following a particular order.
9. If a player steps on back court line during serve (with ball in possession) is a foot fault.
10. **NO BLOCKING A SERVE in any Belleville Parks and Recreation Department Leagues.**

#### **During Play:**

11. A player may touch the floor across the center line or its out-of-bounds extension with one or both feet as long as a part of the foot/feet remain(s) on or above the center line and the player does not interfere with the play of an opponent. Contacting the floor across the center line or its out-of-bounds extension with any other part of the body is illegal.
12. A ball may be played out of or off the net provided the player does not touch the net and the ball has been hit less than three times.
13. A ball striking the ceiling or an overhead obstruction above a playable area shall remain in play provided the ball contacts the ceiling or obstruction on the side of the net extended that is occupied by the team that last played the ball, and the ball is legally played next by the same team. A served ball is a service fault and becomes dead if it touches any part of the ceiling or any obstruction.
14. **Blocking a ball, which is entirely on the opponent's side of the net, is permitted when the opposing team has had an opportunity to complete its attack.**
15. A player may play the ball from in or out of bounds provided that player does not touch or cross the center line or its imaginary extension.

#### **Fouls:**

16. A player hits the ball twice in succession. (Exception: If two players hit the ball simultaneously, either player may play the ball next.)
17. The ball momentarily comes to rest in the hands or arms of a player. (Any catching, throwing, tossing, lifting, carrying or pushing of the ball is illegal.)

18. A player touching the net commits a foul. (Exception: If the ball is hit into the net causing contact with an opposing player attempting to block.)
19. No glove on either hand is permitted, nor is using a sleeve for padding while serving. No braces or supports, other than tape, on fingers, hands or forearms. Wristbands are legal.
20. A back line player shall not block or spike on or in front of the spiking line.

### **CONDUCT – ALL LEAGUES:**

21. A technical foul may be called for intemperate language and obscene gestures. Penalty: A point will be awarded to the other team and a side out called if the offending team is in possession of the ball.
22. The referees and the Building Monitors have the authority to eject coaches, managers, players or spectators from the court and surrounding area if their behavior is objectionable. (Surrounding area is defined as 100 feet in any direction around the court.)
23.
  - A. If a player, coach, manager, team or spectator is ejected from a match, he/she/they will automatically draw a two (2)-match suspension. The suspension includes the match being played and the next scheduled match. If the misconduct occurs after a match the suspension is for the next two (2) scheduled matches. The ejected person(s) is also placed on probation for the remainder of the season and if ejected again that person(s) must be reinstated by the Department of Parks and Recreation. The second suspension will draw a minimum four (4)-match suspension to a maximum twelve (12) months suspension.
  - B. When a player, coach, manager, team or spectator is ejected from a match by a referee, he/she/they must leave the court and/or the gymnasium. Failure of an ejected player, coach, manager, team or spectator to leave will result in his/her/that team forfeiting the match.
  - C. No cursing, swearing, foul or abusive language will be tolerated. No physical abuse or obscene gestures will be tolerated. Physical violence results in immediate suspension from the league. Reinstatement will be considered for that person or persons only after a personal conference with the staff at the Parks and Recreation Department.
24. Teams or players who are on probation and are involved in any incident that results in ejection from a match or a forced forfeit due to an infraction of a league rule will be suspended from league play and must be reinstated by the Department of Parks and Recreation. The minimum suspension for a team or player already on probation will be four (4) matches while the maximum will be a twelve (12) month suspension.
25. Any player, coach or spectator ejected from a match must stay out of the gym and/or building until the suspension is over.
26. A team brawl will result in immediate suspension of either or both teams. Teams removed from the league will forfeit their entry and non-resident fees.
27. Smoking, food and/or beverages are not allowed in any facility used by the Belleville Parks and Recreation Department. Any players or coach guilty of bringing an alcoholic beverage or controlled substances to any facility used by the Belleville Parks and Recreation Department will be suspended for the remainder of the season. Any spectator so involved will be ejected for the remainder of the season. If the entire team is involved, it will be suspended for the season and the team fee will be forfeited. This applies to any facility used by the Belleville Parks and Recreation Department.

28. Rest rooms must be kept clean and orderly.
29. Regulations may be added or changed at the discretion of the Parks and Recreation Department.

### **VOLLEYBALL PROTEST INFORMATION**

1. Protest may be made concerning eligibility only.
2. Protests may be made only at the time your team is playing the team whose player's eligibility is in question.
3. ANY PROTEST MADE AFTER THE MATCH IS INVALID.
4. Copies of the rosters are in the referee's book after the third match is played.
5. ALL players are required to have a photo ID at all matches in case the roster is checked. A legal player who does not have a photo at the match will be considered an illegal player if the players eligibility is questioned and will cause the team to forfeit.

### **PROTEST PROCEDURE**

1. If you protest a player's eligibility, you may call an uncharged time out to inform the referee of your protest. Protest requests are limited to one per match.
2. Next, check the roster in the referee's book. (Roster copies are not in the referee's book until after the third match is played.) If the player is not on the roster, continue the match, playing under protest.
3. Bring a written protest to the office within 48 hours (by 4:30 P.M. the second day after the match is played) or sooner. Saturdays, Sundays and holidays are excluded when counting the days. Written protest must contain the name of the team the protest is being filed against, name of the League, date and time of the match, where the match was played, the name of the referee and name of player in question, name of the coach and team filing the protest.
4. The roster in the office will be checked. Roster changes made in the office take a while to get to the game site. It is quite possible that a player can be on the office roster and not be on the copy the referee has at the game site.
5. If the player whose eligibility is questioned is not on the office roster, the game or match will be declared a forfeit if the protesting team lost the game or match.

**ESTIMATED ABILITY:** BELLEVILLE PARKS AND RECREATION DEPARTMENT  
 (CIRCLE) 510 W. MAIN STREET  
 LOW 1 2 3 4 5 6 HIGH BELLEVILLE, IL 62220-1509  
 233-1416 / FAX: 233-1449

**INDICATE:**  
1st or 2nd Choice  
 \_\_\_\_\_ MON. \_\_\_\_\_ WED.

[www.belleville.net](http://www.belleville.net) or [www.teamsideline.com/belleville](http://www.teamsideline.com/belleville)

**CANCELLATION INFORMATION: 233-NEWS – RECORDED MESSAGE**

**WOMEN'S RECREATIONAL VOLLEYBALL**

**FALL 2016**

TEAM NAME: \_\_\_\_\_ DAY/TIME RETURNED: \_\_\_\_\_

COACH: \_\_\_\_\_ ADDRESS: \_\_\_\_\_ ZIP: \_\_\_\_\_ PHONE: \_\_\_\_\_  
 (HOME & WORK)

Email: \_\_\_\_\_ CELL: \_\_\_\_\_

ALTERNATE: \_\_\_\_\_ ADDRESS: \_\_\_\_\_ ZIP: \_\_\_\_\_ PHONE: \_\_\_\_\_  
 (HOME & WORK)

Email: \_\_\_\_\_ CELL: \_\_\_\_\_

By signing this roster as the team coach, I agree that I will inform my players that by having their name on this roster they release and discharge from and waive any and all claims against the Belleville Parks and Recreation Department, which might arise from any injury they may sustain while participating in this activity. **PLAYERS MAY PARTICIPATE IN DIFFERENT LEAGUES, BUT MAY NOT BE ON MORE THAN ONE ROSTER IN THE SAME LEAGUE WITH THE BELLEVILLE PARKS AND RECREATION DEPARTMENT.**

| NAME | HOME ADDRESS (Include Zip) | PHONE | BIRTH DATE |
|------|----------------------------|-------|------------|
| 1.   |                            |       |            |
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| 14.  |                            |       |            |
| 15.  |                            |       |            |
| 16.  |                            |       |            |

ROSTER MINIMUM: 10 ROSTER MAXIMUM: 16

**ROSTER RETURN DEADLINE: ON OR BEFORE FRIDAY, AUGUST 12, 2016 - BY 4:00 P.M.**

**ENTRY FEE: \$220.00 LEAGUE FEE**

**ALL PLAYERS PARTICIPATE AT THEIR OWN RISK.**

ESTIMATED ABILITY:  
(CIRCLE)  
LOW 1 2 3 4 5 6 HIGH

BELLEVILLE PARKS AND RECREATION DEPARTMENT  
510 W. MAIN STREET  
BELLEVILLE, IL 62220-1509  
233-1416 / FAX: 233-1449  
[www.belleville.net](http://www.belleville.net) or [www.teamsideline.com/belleville](http://www.teamsideline.com/belleville)  
CANCELLATION INFORMATION: 233-NEWS - RECORDER

\_\_\_\_\_ THURS.

**CO-REC RECREATIONAL VOLLEYBALL**

**FALL 2016**

TEAM NAME: \_\_\_\_\_ DAY/TIME RETURNED: \_\_\_\_\_

COACH: \_\_\_\_\_ ADDRESS: \_\_\_\_\_ ZIP: \_\_\_\_\_ PHONE: \_\_\_\_\_  
(HOME & WORK)

Email: \_\_\_\_\_ CELL: \_\_\_\_\_

ALTERNATE: \_\_\_\_\_ ADDRESS: \_\_\_\_\_ ZIP: \_\_\_\_\_ PHONE: \_\_\_\_\_  
(HOME & WORK)

Email: \_\_\_\_\_ CELL: \_\_\_\_\_

By signing this roster as the team coach, I agree that I will inform my players that by having their name on this roster they release and discharge from and waive any and all claims against the Belleville Parks and Recreation Department, which might arise from any injury they may sustain while participating in this activity. **PLAYERS MAY PARTICIPATE IN DIFFERENT LEAGUES, BUT MAY NOT BE ON MORE THAN ONE ROSTER IN THE SAME LEAGUE WITH THE BELLEVILLE PARKS AND RECREATION DEPARTMENT.**

| NAME | HOME ADDRESS (Include Zip) | PHONE | BIRTH DATE |
|------|----------------------------|-------|------------|
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ROSTER MINIMUM: 10 ROSTER MAXIMUM: 16

ROSTER RETURN DEADLINE: ON OR BEFORE FRIDAY, AUGUST 12, 2015 - BY 4:00 P.M.

ENTRY FEE: \$220.00 LEAGUE FEE

ALL PLAYERS PARTICIPATE AT THEIR OWN RISK.